

Student Reflection Sheet

We all have different and unique ways to communicate ideas, concepts and memories. When we record them in a logical manner using words, sentences and pictures, we reflect upon our accomplishments as well as our failures. Quite often, we may rely upon these reflections to improve or change the way we will do something in the future. Complete the following questions using words, sentences, pictures and stories. Be honest and record important and meaningful ideas to you.

QUESTIONS	YOUR REFLECTIONS
What was your task, the ultimate goal or outcome for this activity? (This relates to the challenge that you were given.)	
What are some important concepts, factors and ideas that you discovered/learned? (Remember - you may have heard or known about the concept before your challenge; try to jot down something new about it.)	
How did you solve the problem or task? Did you reach your goal? Explain.	
Were your ideas good or bad? Would you make revisions to changes if you had to do it again? Explain.	
How could your activity and the manner by which you approached or solved it be important to a real-life situation? (Think about your home life, school experiences, sporting events or places of employment for others.)	