

Transitions – was career life information

Personal Development:

- Engineers W/O Borders
- Community College (Adult Classes)
- Young Profession Social Networks
- Other web communities like – (Kickball.com, Linked In, Facebook, Twitter, Bride Friends, thingstodo.com)
- FIRST
- Local community college
- Social Networking/Young Professional Activity – meetup.com
- Parks and Recreation department
- Toastmasters/Other Professional Societies
- College Alumni Society
- First Fridays, Thursday's
- Speak to faculty advisor and develop contacts in new location prior to moving
- Participate in work leagues
- Don't turn down invites, Find friends outside of work, Join a Gym, religious organizations

Changing Jobs

- Don't burn bridges
- Be patient
- Tell people you are actively looking (with discretion)
- Point out PPC
- Considering internal switches – tell your boss and colleagues
- Pros/cons list
- Signs of when to change your job (how to know when to change jobs)
- Use HR to your benefit
- Don't feel guilty for leaving current position
- Be mindful of time commitments to previous job
- Give proper notice
- Do research on salary
- Create 5 year plan
- Make job easier to transition to
- Put resume everywhere, with discretion
- Don't negate newspaper or network
- LinkedIn
- Don't take sensitive material

Work/Life Balance:

- Saying "No" is okay

- Explain big picture
- Have a will/living will
- Evaluate opportunities
- Learn to separate work/life
- Spouse programs
- Live healthy lifestyle
- Stay involved/asme/other professional societies
- Make things fit into your schedule
- Establish “You” time
- 5 year plan

Losing Your Job:

- Update Resume
- Apply for unemployment
- Hit your network
- Cobra, w/o longtime problem
- SWOT Analysis/Review/create 5 year plan
- Don’t burn bridges
- Be open to moving
- Keep Sanity
- Keep schedule
- Build Resume – Volunteer
- Contact peer group of unemployed people who are focused
- Utilize the local library
- Be open to career/skill change
- Return to School
- Talk to Mentor

How to ask for

- Do not be afraid to ask
- Be prepared with backup
- Have research
- Negotiate/Compromise
- Do not make ultimatum
- Show benefits to company
- Understand why they said no – circumstances may change/identify opportunities for improvement
- Be patient
- Timing
- Build universal favor bank
- Know the workaround (who has the power/authority)

- Leverage your relationships

Tips for working in a different country

- Obtaining a work visa (understand the limits of your status, Healthcare)
- Research culture, lifestyles, “life” stuff
- Research paperwork requirements and limits of status
- Health – shots, healthcare
- Learn the language
- Keep open mind
- Use facebook to find people from your county who live in the target country
- Talk to HR about target country
- Do not impose your culture, be respectful
- Learn etiquette
- Contact Timo Marquez
- Servas – international organization promoting cultural understanding and peace
- Know where your consulate/embassy are located
- Keep a blog
- Tell everyone you know
- Research mass transit electronics
- Use local professional society connections (like ASME, EYE)

Grad School

- Identify/interview your advisor
- 5 year plan
- How degree matches goal
- Research master’s degree requirements match PhD requirements and what will be accepted (life style change for full time, consider company financial support, look for employment opportunities, support from family)
- Can you afford to return to poor student life
- Identify funding sources
- Ratemyprofessor.com
- Articles on value of MBA right from undergrad
- Look at Alternatives: PE option/Internal Corporate resources
- Campus review
- Get used to being a student